

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2012

BRUNSWICK SENIOR CENTER

Email: brunswickseniorcenter@frederickcountymd.gov

			1 Educare Learning Center visiting 12:45 "Smelly" Bingo	2 9:00 Strength Training 11:00 Crochet Group	3 11:00 Wal-Mart Shopping Trip	4 <i>Educare Learning Center has joined us for the summer with our home delivered meal program, brown bag lunches, BINGO, Lemonade Stand, endless entertainment and we truly have enjoyed having them with us! Thanks to the staff for all their hard work to make this possible.</i>
5 Today is "Friendship Day" <i>"Make new friends, but cherish the old. One is silver, the other is gold."</i>	6 10:00- Exercise to Video 11:00 Wii Bowling 11:45 Nutrition Minute	7 9:00 Strength Training CENTER CLOSED 5:30 Card Party	8 <u>LEMONADE STAND</u> Educare Learning Center visiting 11:00- Nurse Steve <i>"Taking care of relatives, friends & ME!"</i> 12:45 "Paper" Bingo	9 9:00 Strength raining 11:00 Crochet Group 1:00 Computer Class	10 10:00- Exercise to Video 1:00 Local Shopping	
*PICNIC -held at City Park Building. 11:00 Music by "Pickin' & Grinnin" 12:00 Lunch 1:00 BINGO Please call for reservations, no later than Friday August 17 th .	13 10:00- Exercise to Video 11:00 Wii Bowling	14 9:00 Strength Training CENTER CLOSED	15 Educare Learning Center visiting *PICNIC at the Park	16 9:00 Strength Training 11:00 Crochet Group 1:00 Computer Class	17 10:00- Exercise to Video 10:30 Popcorn & movie 1:00 Local Shopping	
	20 10:00- Exercise to Video 11:00 Wii Bowling	21 9:00 Strength Training CENTER CLOSED 5:30 Card Party	22 <u>Annual Rocky Ridge Picnic</u> , please call for more details & reservations.	23 9:00 Strength Training 11:00 Program on Lowering Sodium Crochet Group 1:00 Computer Class	24 10:00- Exercise to Video 1:00 Local Shopping	25 Today is: "Kiss & Make up Day."
26 Today is: National Dog Day <i>a special day to celebrate dogs & encourage adoption.</i>	27 10:00- Exercise to Video 11:00 Wii Bowling	28 9:00 Strength Training CENTER CLOSED	29 12:45 "Fruity" Bingo	30 9:00 Strength Training 11:00 Crochet Group 1:00 Computer Class	31 10:00- Exercise to Video 1:00 Local Shopping	Brunswick Senior Center <i>"Where everyone is someone"</i>

12 East "A" Street Brunswick, MD 21716

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Coordinator: Cathy Barnes